

# Equestrian Nova Scotia Trail Ride & Drive Information

**Please Pre-Register:** Forms are available through the [nsefservices@sportnovascotia.ca](mailto:nsefservices@sportnovascotia.ca)  
or at <https://forms.gle/Kq9RfpJrJcc9oKR7>

**Parking** There will be volunteers to assist with parking locations

**Armbands** All riders/drivers and volunteers have armbands with their emergency information inside. If you do not have an armband, you can rent or purchase one for \$10.

**Lunch** Each participant will be given a coupon for one food item and one drink from the canteen. Other food/drink products will be available for purchase.

**Prepare** It is hard to get lost on the trails but it could be disorienting so it doesn't hurt to be prepared. We recommend carrying with you a whistle, compass, personal water, snack, horse bells and a cell phone. Please stay on the marked trails and wear hunters orange, if possible.

**For Fun** There is no competition. You will be provided with a map of the facility, watering locations, emergency numbers, etc. This is not a guided ride/drive. When you arrive, register and off you go...  
There will be different areas throughout the trails where you can **collect colored survey ribbons** – to show where you've been. Just something fun to do while on the trail (tie them to your saddle, bridle, belt, mane, where ever).

## General Information

- Rider and the owner of the horse must be a 2023 Equestrian Nova Scotia Member
- Ride Time 10:30 am -2:30 pm ... You can ride as long as you wish, please stay on trails and road ways and off grassy areas. We would like everyone off the trails and accounted for by 2:30 pm. That gives daylight hours to locate anyone who has not checked out.
- Aside from thunder, lightning and hurricanes ... this is a rain or shine event.
- Basic Horse and Human First Aid Kits will be onsite with volunteers. Volunteers will be on site and on trails if needed.
- Avon Animal Hospital Veterinary will be on call in the event of an emergency.
- Walk, Trot or Jog are the only acceptable gaits on the trails. Only trot/ jog when you can clearly see the trail ahead of you.
- Riders/drivers will not have to pick up manure along the trail while riding/driving ... We will clean trails after everyone has left. It would be appreciated if you could clean up around your trailer area before leaving.
- Accessible Trails will be marked.

## What you will need to bring with you

- **ASTM or BSI Approved Helmet**
- Whatever you need/want on the trail to make you and your horse comfortable
- Lots of clothes, the weather can change quickly in October !! Prepare for everything ☺
- Suntan lotion/Fly spray
- There will be water available for the horses... but please bring your own hay, feed and water (if your horse has a tendency to not drink unfamiliar water).
- If your horse falls into any of these categories, please mark their tail with large visible ribbon, thank you.

**Red Ribbon** - Tendency to Kick **Green Ribbon** - Inexperienced or Green **Yellow Ribbon** - Stallion